Each year we make a list of sacred vows which we hope will help us change our lives for the better. Resolutions which we fully intend to keep somehow have a way of laspsing before the end of the year. Sometimes the list is simply too long of too complex to be able to accomplish in one year. The secret is to begin with a

shorter, more realistic list. Where to start? Begin with a list of all the things you want to do over the coming year. Then cut the list in half, limiting it to those things you really want to accomplish. Now



that the list is more managable you might be able to get at least some things done.

Let's skip over the more obvious items that are on everybody's list, like losing weight and using decdorant. What might we find on that page that relates to the subject of motorcycling? Lots of stuff.

The list might include something simple : like wearing your helmet in Ohio, being on time for brunch/dinner rides or using your turn signals while group riding.

Simple Stuff

Join Rider Ed. Program Carry a First Aid Kit Practice Riding

Then there's the more complicated items we should do but just never seem to find the time. This is where the list starts to fall apart so a little more effort and commitment are required.

Hard Stuff

Take an MSF Course Get Physically Fit Learn CPR

Now that we have the easy items out of the way it's time to knuckle down and get serious. A major investment in time, effort and commitment are required from both you and your Co-rider.

Really Hard Stuff

Take a First Ald Course Take a Co-Riders Course Cet a Friend to John Participate More Listen Share

You probably noticed by now that there is a logical progression to each of the Items on the lists. The First Aid and Co-Riders courses are not necessary but could

prove invaluable should the need arise. You know how much fun the GARRA can be so why not invite a friend?Get involved in the Chapter's events. They are as varied as the membership list. Listen to what is being said and if you have something to add,



by all means don't hesitate to share it with others. Good Luck....