



Rider Education

Sarasota Chapter FL2-B2

TURNING

This is a small excerpt taken from the Florida Motorcycle handbook. I was reading it and found these tips very informative.

Riders often try to take curves or turns too fast. When they can't hold the turn, they end up crossing into another lane of traffic or going off the road. Or, they overreact and brake too hard, causing a skid and loss of control. Approach turns with caution.

Use Four steps for better control:

SLOW---LOOK---PRESS---ROLL

SLOW---Reduce speed before the turn by closing the throttle and, if needed, applying both brakes.

LOOK--- Look through the turn to where you want to go. Turn just your head, not your shoulders, and keep your eyes up and level with the horizon.

PRESS---To turn, the motorcycle must lean. To lean the motorcycle, press on the handgrip in the direction you want to turn. Press left, lean left, go left. Press right, lean right, go right. Higher speeds and/or tighter turns require the motorcycle to lean more.

ROLL---Roll on the throttle through the turn to stabilize the suspension. Maintain a steady speed or accelerate gradually through the turn. This will help keep the motorcycle stable.